

Resources available for Mental Health Needs

Spectrum C.A.R.E.S. Team: 716-882-4357 (mobile mental health for children)

Crisis Services: 716-834-313

Chautauqua County Crisis Hotline: 1-800-724-0461

Mental Health Agencies that have walk-in clinics

Endeavor Health Services

- Thruway Plaza Location: 716-895-6700
1526 Walden Ave, Cheektowaga
Walk-in hours: Tuesday, Wednesday & Thursday 9:00am - 4:00pm
- Bowmansville Location: 716-681-5077
5360 Genesee St, Bowmansville
Call for walk-in availability

Horizon Health Services: 716-831-1800

- Union Losson Center: 716-668-7622
2563 Union Rd, Cheektowaga
Walk-in hours: Monday-Friday 9:30am - 11:00am
- Orchard Park Center: 716-662-6802
3345 Southwestern Blvd, Orchard Park
Call for walk-in availability

Best Self Behavioral Health

- University Location: 716-835-4011
3350 Main St, Buffalo
Walk-in hours: Tuesday 12:30pm - 3:00pm and Wednesday 8:30am - 11:30am
- Buffalo East Location: 716-332-4142
1000 Main St, Buffalo
Walk-in hours: Tuesday 8:30am - 11:30am and Thursday 11:00am - 2:00pm

- Buffalo West Location: 716-853-1335
430 Niagara St, Buffalo
Walk-in hours: Monday 8:00am - 11:30am, Tuesday 12:30pm - 3:00pm, and Wednesday 1:00pm - 4:00pm
- Southtowns Location: 716-646-4991
140 Pine St, Hamburg
Walk-in hours: Monday 8:30am - 11:30am and Wednesday 11:00am - 2:00pm

County Services

Mental Health Advocates of WNY: 716-886-1242

Erie County Emergency Aid to Families: 716-858-6754