Resources available for Mental Health Needs

**Spectrum C.A.R.E.S. Team:** 716-882-4357 (mobile mental health for children)

**Crisis Services:** 716-834-313

**Chautauqua County Crisis Hotline:** 1-800-724-0461

Mental Health Agencies that have walk-in clinics

**Endeavor Health Services**

- Thruway Plaza Location: 716-895-6700  
  1526 Walden Ave, Cheektowaga  
  Walk-in hours: Tuesday, Wednesday & Thursday 9:00am - 4:00pm

- Bowmansville Location: 716-681-5077  
  5360 Genesee St, Bowmansville  
  Call for walk-in availability

**Horizon Health Services:** 716-831-1800

- Union Losson Center: 716-668-7622  
  2563 Union Rd, Cheektowaga  
  Walk-in hours: Monday-Friday 9:30am - 11:00am

- Orchard Park Center: 716-662-6802  
  3345 Southwestern Blvd, Orchard Park  
  Call for walk-in availability

**Best Self Behavioral Health**

- University Location: 716-835-4011  
  3350 Main St, Buffalo  
  Walk-in hours: Tuesday 12:30pm - 3:00pm and Wednesday 8:30am - 11:30am

- Buffalo East Location: 716-332-4142  
  1000 Main St, Buffalo  
  Walk-in hours: Tuesday 8:30am - 11:30am and Thursday 11:00am - 2:00pm
• Buffalo West Location: 716-853-1335
  430 Niagara St, Buffalo
  Walk-in hours: Monday 8:00am - 11:30am, Tuesday 12:30pm - 3:00pm, and Wednesday 1:00pm - 4:00pm

• Southtowns Location: 716-646-4991
  140 Pine St, Hamburg
  Walk-in hours: Monday 8:30am - 11:30am and Wednesday 11:00am - 2:00pm

County Services

Mental Health Advocates of WNY: 716-886-1242

Erie County Emergency Aid to Families: 716-858-6754